New IP Lunch and Learn



Ashley O'Keefe, MLS(ASCP)^{CM}, CIC, CDIPC

January 10, 2023

Infection Preventionist Lunch and Learn Series

- A new call series for Infection Preventionists (IPs) of all care settings that:
 - o Encourages learning, growing, and networking.
 - Provides education and information that is non-regulatory.
 - Discusses topics relevant to new IPs.
- Each session will have time set aside for Q&A.

Laboratory Basics Part 1 Slides and Recording

- Part 1 of the two-part series discussed:
 - Microbiology culture collection.
 - Bacterial identification and susceptibilities.
- To view the Laboratory Basics Part 1 slides and recording, visit <u>www.dhs.wi.gov/hai/ip-education.htm</u>.

Laboratory Basics - Part 2

The Laboratory

- Unique setting within the health care facility
- Personal protective equipment (PPE) required for almost all activities
- Standards set forth by Clinical Laboratory Improvements Amendments (CLIA) 1988
- Separate regulatory survey process

Lab Tests

- Urinalysis
- Hematology
- Chemistry
- Serology
- Mycobacteriology

Urinalysis

- Commonly performed test that provides useful information [elevated nitrites and white blood cell count (WBC)] that can indicate a urinary tract infection.
- Standardized collection method and prompt transport to the lab are essential.
- Results can be an important part of antimicrobial stewardship.

Hematology and Chemistry

- In hematology, elevated white blood cell count and neutrophils (PMN) can indicate potential infection.
- Chemistry is not a major infection prevention concern.
- If using National **Healthcare Safety** Network (NHSN) definitions for surveillance, these may be included in the infection definition.

A patient has been admitted to the hospital with stiff neck, fever, and headache. What type of empiric isolation precautions should be implemented right away?

- A. Standard
- B. Contact
- C. Droplet
- D. Airborne

Spinal tap results come back as follows: Normal glucose, elevated protein, elevated WBC, predominant lymphocytes. Should isolation precautions be maintained or discontinued?

- A. Maintained
- B. Discontinued

Serology

- Detects antigens and antibodies
- Can be used both for detecting illness as well as determining immune status to diseases
 - Lyme: Involves enzyme immunoassay (EIA) and often Western Blot, yielding IgG and IgM results
 - Hepatitis B: Involves surface antigen (HBsAG), surface antibody (HBsAb), total core antibody (anti-HBc), and IgM core antibody (IgM HBc)

There is a significant exposure at your facility, and the labs on the **source** patient are as follows: HBsAg positive, Anti-HBc positive, IgM anti-HBc positive, Anti-HBs AB negative. **Regarding Hepatitis B, is this patient:**

- A. Acutely infected
- B. Chronically infected
- C. Immune due to vaccination

Mycobacteriology

- Testing is available for disease identification or for employee health purposes.
- If culturing, special techniques are required, which are often done in reference labs.
- Example: Pulmonary Tuberculosis (TB)
 - Active vs. latent: active indicates infectious nature of patient

Mycobacteriology

Testing via two different methods:

- 1. Interferon-Gamma Release Assay (IGRA)
 - Blood test
 - Can yield false positive results due to non-specific nature of the test

2. Tuberculin Skin Testing (TST)

- Tuberculin protein injected under the skin
- Skin observed 48-72 later for induration around the injection site, measured in millimeters

A nursing home resident has a draining lesion on the leg that is sent for culture. Mycobacterium fortuitum (nontuberculosis) grows. What precautions are necessary?

- A. Contact
- B. Droplet
- C. Airborne
- D. Standard

Let's say instead of Mycobacterium fortuitum, Mycobacterium tuberculosis grew in this same scenario. What precautions would be necessary?

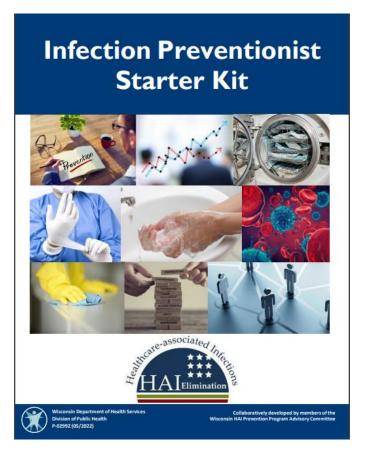
- A. Contact
- B. Airborne
- C. Standard
- D. All of the above

Resources

- The Infection Preventionist's Guide to the Lab,
 Association for Professionals in Infection Control and Epidemiology (APIC)
- Clinical Microbiology Made Ridiculously Simple, Mark Gladwin
- Control of Communicable Diseases Manual, James Chin
- Ready Reference for Microbes, Kathy Brooks

Questions?

What topics or content would you like to see covered on future calls? Please submit your ideas to ashley.okeefe@dhs.wisconsin.gov



https://www.dhs.wisconsin.gov/publications/p02992.pdf

HAI Prevention Program Contact Information

HAI Prevention Program

dhswihaipreventionprogram@dhs.wisconsin.gov
608-267-7711

For additional contact information visit www.dhs.wisconsin.gov/hai/contacts.htm

Upcoming Lunch and Learn Session

Date: Tuesday, February 14, 2023

Topic: Infection Surveillance